

## How to Help Your Child Become Independent in the Bathroom

While we understand accidents occasionally happen, children must be fully toilet trained to attend Circle of Friends Preschool.

### Here is what your child will need to know:

- Boys will need to lift the lid if they are going to stand up.
- Teach them how to wipe independently – staff cannot help them wipe at preschool.
- Teach your child the order to going to the bathroom:
  1. First pull down pants, then underwear.
  2. Use toilet paper to wipe.
  3. Then pull up underwear first and then pants - using the belt loops is a great way to pull pants up.
  4. Wash hands. Please teach hand washing skills:
    - a) Turn on water, wet hands, get soap and scrub hands together.
    - b) Rinse until the soap off hands.
    - c) Dry hands completely.



**With these skills, your child will feel confident in the bathroom at school!**

### Parent Expectations

- If your child wets their pants, staff can guide them to change their clothing.
- If your child has a bowel movement, a parent or other caregiver will be called to come to school to change the child.